

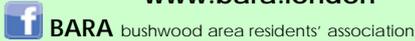


THE BUSH TELEGRAPH

The quarterly newsletter of The Bushwood Area Residents' Association

bushwoodra@hotmail.co.uk

www.bara.london



UPCOMING EVENTS

AGM - 22 September

QUIZ - 15 October

IN THIS ISSUE

BARAfit is miles ahead
Auntie Barbara to the rescue...

JOIN YOUR LOCAL RESIDENTS' ASSOCIATION

Bushwood Area Resident's Association (BARA) has been in existence for 37 years and represents over 500 households in the area enclosed roughly by Bushwood, Lister Rd, High Road Leytonstone and Bush Rd.

BARA liaises with the London Borough of Waltham Forest to ensure that members' views are represented on important matters such as planning, the CPZ, rubbish collection, Mini Holland, street lighting etc. It also works with other bodies such as the Police Safer Neighbourhoods Team, The Friends of Wanstead Parklands, The Civic Society, The Wren Wildlife And Conservation Group and many more.

Join **BARA** for a year

£3 per household

£2 single adult household



To join one of the most neighbourly and friendly areas in London please put your membership fee in the attached envelope, put your name and address on the front and deliver it to any Committee Member or Road Representative (see pages 9 and 12). * Liz Hayman



See page 2 for

12 reasons to join **BARA**

Notice of Annual General Meeting 8pm Thursday 22 September 2016

St. John's Church Hall (next to entrance to Matalan)

Agenda

1. Welcome by BARA Chair, confirmation quorum is present
2. Minutes of 2015 Annual General Meeting
3. Presentation of Audited Accounts to 31 July 2016
4. Election of Committee Members
5. Talk by Nick Tiratsoo from Sally's Kitchen
6. Talk by John Meehan, Chair of The Friends of Wanstead Parklands
7. Open forum for discussion of local issues
8. Prize giving to 2016 Bushwood Front Garden competition winners / Close

BARA MEMBERSHIP BENEFITS

As a BARA member you have access to a number of exclusive benefits: from access to social events to massive discounts on local purchases. See the list below and find many good reasons to join YOUR local residents' association:

- receive your membership card
- get discounts from many local shops and businesses (see page 11 for details). You can easily more than recover the cost of your membership just by saving on the bill in local eateries, shops and services;
- receive invitations to exclusive BARA social events like Members' Parties, Quizzes, BARAfit (page 6), guided tours (see page 4) Kids' events (page 6), Litter Pick and many more;
- access to any of the local BARA Groups (see list on page 12 and feature on page 4);
- The Bush Telegraph every three months;
- BARA email news update list with local information, free offers and much more;
- BARA list of recommended local tradesmen;
- membership of the BARA Facebook page to enable social networking with neighbours in the BARA area;
- membership of the Bushwood Neighbourhood Watch scheme;
- free (or reduced price) entrance to events organised by The Friends of Wanstead Parklands and the Leyton and Leytonstone Historical Society;
- you can buy single visitors' parking permits from BARA rather than a whole book from the Library;
- you can rent the BARA gazebos or fold-down table for your garden parties at low cost. (See ad on page 10)

A WORD FROM THE CHAIR

Unexpected things happen, but some things although you never physically prepare for, you do manage to cope and deal with. The enormity of the event in March cannot be glossed over and its impact to all those involved was like a car crash. Our Steve O'Hara died suddenly and very unexpectedly. For me apart from the obvious instant heartfelt sympathies and support for Steve's immediate family it brought home the immense value of the strength of our community both within BARA and the wider enclave of Leytonstone. The community certainly rallied around the O'Hara family which I know has given them much comfort. In terms of BARA the infrastructure that Steve left, allowed for a natural step up for everyone on the committee, we all felt empowered to move forward to ensure that Steve's work within BARA lives on.

So, unexpectedly, I am now the incumbent Chair of BARA and the one drawing on thoughts on how BARA has moved over the last 12 months. Before I start, I want to thank the entire current BARA committee for their sterling efforts and contribution. It really is a collaborative effort, one that really does bare fruits. We have gained some new executive members, which is excellent. This allows us to strengthen our child activities which have, for some years, been in need of improvement; Kids' Bingo and the

Brooks Farm Visit are two products of this increased focus. Our gold standard publication "The Bush Telegraph" has completed its first full year of colour production and it is intended that our revamped web page will be launched at the AGM on Thursday 22 September.

Our membership remains buoyant at 514 (523 last year), BARA's brigade of Road Reps (RR) do a great job keeping the membership at these levels, so a big thanks to all you RRs! (Don't you just love acronyms!) And it strikes me what tremendous value we give across the locality in terms of quarterly publications, events, social interactions and lastly, the retail discounts - of course I am biased but why would you not pay your £3 membership (£2 single occupancy household). Without including the benefit of the retail discount, I reckon, each membership provides a value of £8 (a free value premium of £5 per member) - in these days, this is very good value. This coming membership year we will also be launching a jazzier membership card... I guess you will have to (re)join to find out just how jazzy - another reason to invest in BARA. So if this is the only part of my commentary you read and digest... Please digest!!

My parting comment is that without you, the membership, we would be a much smaller community - so THANK YOU for being part of our progressive "Bushwood Area Residents' Association" and making it a group which neighbours want to be a part of.

Russell Lines-Jobling (Chair)

THE LEYTONSTONE ARTS TRAIL 2016

Each year there seems to be an increasing number of people who participate in the Leytonstone Arts Trail, both as artists and visitors. It is great that the local community continue to support this event. People from all over joined in with the Trail. A mention in Time Out probably helped that along a bit. The Trail does not only have a map but it is also on the map!



Shed on Beacontree Road

There were many worthy exhibitions but the triumph was arguably the sculpture garden at the Quaker Meeting House, where you could find a six foot high praying mantis, a ghostly bird woman and many other installations dotted in the trees and on the ground. Thanks must go to our local pubs, cafes and businesses who helped by hosting a colourful array of exhibitions. "Seeing

is believing" was a thought provoking exhibition at St John's Church, with a delicately embroidered shopping list displayed at the back of the church. In the church yard visitors could build their own sculpture and pick art from trees. Thanks to the Rev David Britton and his team for enabling the Church to be a venue.

The "Stone Space" displayed some expertly painted landscapes. The local art network "Creative Bloc" opened up the "Fill the Gap Gallery" by the station. With the help of East London Radio, they let us into the "SonicVisual" world to hear the sounds and tunes that inspired the work on display; this was where a picture

made from discarded pill packets was to be found. A shed was turned into an art gallery on Beacontree Road. The corridor to the garden in the North Star Pub became an exhibition space. There was live mural painting on a dining room wall on Mornington Road. The "bush" on Stanmore Road hosted a show of surreal postcards and this year there was the gatepost project.

If you want to look back over this year's exhibits, The Leytonstone Arts Trail website contains many images and interviews with several of our artists.

Do go and take a look!: www.leytonstoneartstrail.org
Hilary Douse

2016 BUSHWOOD FRONT GARDEN COMPETITION

The results of the 2016 Bushwood Front Garden competition are below. The prizes will be in the form of National Garden Competition vouchers and will be presented at this year's BARA AGM (see front page). The standard of gardens was very high again this year which gave the judges (me and Anna Davies) a very difficult task. So if you didn't win a prize, don't be disheartened, we'll be doing it all again next year!

Congratulations to all the winners and a special mention for those who only just missed out, most notably Evie Edworthy for her Michael Road garden with its very colourful and balanced mix of well-established planting and annuals and Lisa Daly for the best Triffid-like Hollyhocks on Mornington (or more accurately the only Triffid-like Hollyhocks anywhere in Bushwood).

The BARA Committee is very grateful to the LBWF Community Ward Forum for their generous grant of funds which were used for the prizes.

Container Garden

1st 14 Leyspring £35 2nd 36 Lister £25 3rd 49 Michael £15

Traditional Garden

1st 20 Hartley £35 2nd 52 Bushwood £25 3rd 50 Lister £15

Window Box

1st 24 Grove £30 2nd 83 Leyspring £20 3rd 46 Michael £20

Hanging Basket

1st Simon for North Star £30 2nd 33 Leybourne £20 3rd 19 Michael £20

LH



TWO FAT LADIES AND A LITTLE DUCK

On Saturday 16 July, as part of the annual Leytonstone Festival, BARA hosted another Bingo for Kids event. This time we chose upstairs at the Ex-Servicemen's Club on Harvey Road to host our two hour extravaganza. Despite it being Davies Lane Summer Fair and a very hot sunny afternoon, we had an amazing turn out. Just before the 2pm Bingo-off, we were adding extra tables to accommodate more teams!

With over 30 children all vying to shout "line" or "house" first, the level of competition was high. The atmosphere was electric when we did the last roll-over game. The venue was perfect and big thanks to Sharon and her team for opening the windows prior to us getting there - it was very hot! Mums and Dads took full advantage of the Ex-Servicemen's downstairs bar whilst we provided refreshments for the participants. BARA Bingo is fast becoming a staple event and we are considering an adult session in the not too distant future. Details on our website, Facebook page, Bush Telegraph and, of course, email.

Kate Duffy

VISITOR PARKING PERMITS

If you need a small number of permits (i.e. not a whole book) then BARA have some which they can sell to you.

Please try to give us as much notice as possible as it may take a couple of days to get the vouchers to you.

For more information call Liz on 07969 407886 or Russell on 07917 697423. or email bushwoodra@hotmail.co.uk

LOCAL HISTORY - CAN YOU HELP?

Wanstead Flats History Working Group is currently researching the fascinating history of allotments on and around Wanstead Flats, with particular reference to the hugely increased activity during the two world wars. Apparently, there were still some allotments on the Flats until the mid-1950s. We wondered if any BARA residents recall this period and, even better, worked one of these allotments themselves (or had relatives who did).

If you think you can help, please email either Ron Allen at ron.cherry.allen@gmail.com or Andrew Cole at a.cole71@ntlworld.com

AUNTIE BARBARA AGONY AUNT

Months ago, during a house renovation, a BARA Member found a much loved Victorian piece hiding behind a long time-boarded fireplace. Auntie Barbara, sitting on her rocking chair was still knitting when the aforementioned individual removed the plywood and exposed her to the light of a LED torch. The gentle Victorian old lady has been enlightening the neighbourhood with her pearls of wisdom ever since. She is now taking on social media by responding to members' queries. You can send your question to her via any telegraph station.

Hey auntie B, I've been a local resident for several years (not as long as you have). Though I'm excited by the changes we are seeing in the area, no sooner does someone move in, they start gutting the house and filling up skips. The problem is that the new owners of the house next door to me are building an extension to the rear. They are putting a dormer on the roof, but the one they are building seems bigger than normal. I'm no expert, but when someone puts a hole through from one house to the other, I'm sure that there is something wrong. I don't want to get off on the wrong foot with my new neighbours. Can you give me some advice? Should I just keep my nose out and let them get on with it or is there something I can do to be on the safe side? Thanks in advance.
Dr. Drake

Dear Dr. Drake,

This certainly does seem like a common problem. I remember having the same issue when the Great Eastern Railway first came to the area. The best thing to do, if you are concerned, is to speak to the Waltham Forest planning department on the telephone 020 8496 3000 or use the Enforcement And Complaints form on the website on the interweb. The sooner you can speak to them the better. Amongst other things that department can also advise on high hedges restricting your view or blocking your light.

BARA GOES TO THE SEAT OF POWER

Join BARA and you'll see the world. Members get the opportunity to see inside The Houses of Parliament with their own eyes on Wednesday 12 October. Places are limited. To secure yours, bushwoodra@hotmail.co.uk Here's what to expect...

At 7:30pm on 8 June, thirteen BARA members were checked over by security and allowed to pass through iron gates in the shadow of Big Ben. We were in the home of democracy, the mother of all parliaments - the Palace of Westminster.

Inside, we gathered in the grand Westminster Hall to meet our tour guide for the evening, John Cryer, MP for Leyton and Wanstead. He was to treat us to a sightseeing trip like no other. Packed with anecdotes about MPs past and present, and with a unique taste for the macabre, there were stories about assassination attempts, bomb plots and dead bodies. Who ever said politics was dull?

We walked the corridors of power and history. The Houses of Parliament are awe-inspiring. Standing in The Lobby, surrounded by statues of former Prime Ministers, we waited to enter The House of Commons. But like Black Rod, we weren't allowed in (this time). They were still cleaning it and removing confidential papers. However, even peering through the door at the empty green benches, evoked a sense of political theatre.

There were no such restrictions when it came to entering the stunning opulence of the Lords. Here you could almost hear Her Majesty delivering The Queen's Speech at the opening of Parliament. 'My government...' We had already been behind the scenes inside The Robing

Room, where she prepares for the big event, home to a much tattier, but no less fascinating, velvet throne.

On the wall in the corridor we were shown a copy of the Magna Carta, one of only a handful in existence. But this is no museum - The Palace of Westminster contains two - and you can feel the document's heartbeat in the wood panelling, all around.

The evening was rounded off with drinks on The Commons Terrace, overlooking the Thames. Almost every road in the BARA area was represented. It was lovely meeting new neighbours and chatting on a gorgeous Summer evening in such a spectacular setting. Huge thanks to our MP, John Cryer, for his generous time and entertaining tour and to our Chair, Russell Lines-Jobling for organising.

GET THE LOWDOWN ON BARA GROUPS

BARA's success is determined by its members' participation. Some of them go the extra mile by setting up and running all sorts of activities. So, whatever floats your boat, there's a BARA group for you to join (and if there isn't, why not start one and meet neighbours with like-minded interests?) Check out the full list of BARA groups on page 12, where you can find contact details. Go on, join in. Here's a little taster of a few....

CYCLING GROUP

There are two cycling groups organised by Dwight Wood. Both are thriving and successful, with various people leading rides. Both clubs are run for BARA members and can accept new members. You can join online. Weekly **Road Cycling** is for those with Lycra. Great Saturday morning ride out. www.northstarvelo.com



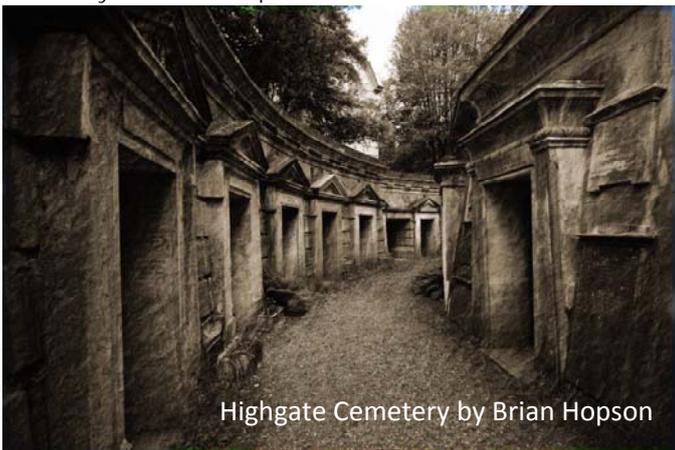
Social Riding runs monthly. Varied rides, some very short. All manageable. Normally first Sunday of the month but subject to slight variation. www.e11cycling.co.uk

PET GROUP

The Pet Group is overseen by Jo Pilc. It consists of a group of BARA members that help each other out with holiday pet care mostly, but willing to try to help however needed if they can. All members are welcome to join.

PHOTOGRAPHY GROUP

Currently small but perfectly formed with five members at present. Membership numbers fluctuate and although the group manages very well with its current membership, it is always happy to add others. The group is run by Brian Hopson and organises a picture-taking outing every month (last month it was to the Secret Nuclear Bunker in Kelvedon Hatch, before that it was to Highgate Cemetery and next month it's to the Serpentine). There is also an ongoing monthly theme - last time it was "curves", this month it's "glass". Theme-related pictures are taken individually during the month. Following on from our outing, the group holds a discussion meeting (usually in the Walnut Tree in the High Road) to which each member brings three "theme" pictures and three "outing" pictures on a memory stick which are then inspected on a laptop. The purpose of the discussion meeting is to comment on each other's pictures and to swap ideas on how they could be improved.



Highgate Cemetery by Brian Hopson

THEATRE GROUP

Consists of a regular group of about 15, including one family. The last show was a panto at King's Head Theatre at the Angel - tiny theatre but the show was very, very funny... Hilda Hooper circulates a list of shows - including suggestions from the group - collating all relevant information, including dates and cost. Members of the group respond regarding which shows they think they would like. Members confirm and pay for all the shows

they want to see. Hilda then books the tickets, usually four or five different shows over three or four months. It's nice when a show comes around, already booked and paid for. At the moment the list includes, the Panto at the King's Head again, Soho Theatre, Sadler's Wells, 1984 at the Playhouse Theatre.

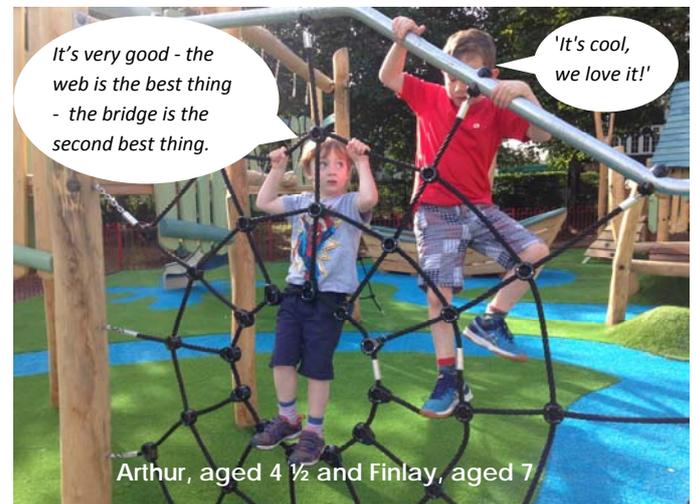
YOGA GROUP

Helen Georghiou started the group in 2010. Lots of local Bushwood people attend these classes, one of which is run at the Quaker Meeting House. Note: these are paying classes. See Yoga ads on page 10 for more info.

CLIMB, SWING, SLIDE AND BOUNCE

Good news for Bushwooders under 12 (and their parents) - we can now truly boast a playground to rival all others... the revamped Henry Reynolds Gardens.

The big kids area was refurbished last Summer. Now the under seven's section is also in full swing (excuse the pun!) We took two very discerning, expert climbing boys to road test it and this was their feedback...



It's very good - the web is the best thing - the bridge is the second best thing.

'It's cool, we love it!'

Arthur, aged 4 ½ and Finlay, aged 7

The playground boasts new swings, a wooden boat, numerous climbing ropes, a slide, a see-saw and artificial grass with a colourful caterpillar trail connecting the two entrance gates as well as other cool looking educational activities. And it seems we have more to look forward to. As the playground installation came in slightly under budget, the council have been able to purchase extra equipment to add on to the existing trail. This will hopefully be installed very soon. The park is looking great and is a true asset to Bushwood and little Leytonstoners.
Selina Levinson & Anna Davies

CANVEY ISLAND DISCS

Imagine you're trapped in deepest Essex with no foreseeable way of getting home. What earthly comforts would you need to help you survive?

Our latest castaway is Kem Yaman from Ankara, Turkey, who runs the San Marino Café in Leytonstone High Street. One of the many places offering BARA members a discount (see page 11). He has been at the restaurant for 15 years, after working for the previous owner, as a chef, for a year. About six months ago San Marino was given a

transformative makeover and Kem is justifiably proud of the fantastic new look. DJ BARA met him there and, overlooking the greenery and views of St John's Church opposite, discovered how he'd cope on Canvey...

I'd enjoy the rest on a desert island, especially after having kept the restaurant open during the refurbishment. It took lots of hard work. Also because we changed the menu at the same time. *(The food is Mediterranean with more steaks, salads and pastas as well as Meze and Turkish Breakfasts. And on Sundays, they've introduced lamb, beef, pork and chicken roasts).*

So then... **Six pieces of music:** I listen to lots of music. Hard to come up with just six items. *(At the time of DJ BARA's mid-morning visit, Kem's own Glastonbury mix of tracks was playing out in the restaurant).*

Things I like about music are the words and the quality of the singer's performance and voice. So I've got to take a song like "**On My Mind**", sung by **Ellie Goulding**. Number two, I guess would have to be **Sia** and "**Cheap Thrills**".

I think I would miss Turkish music, particularly early evening when we tend to play chilled out Turkish music or jazz here. Although I guess I wouldn't care what time it was on a desert island. Still I would definitely take a song by **Ahmet Kaya**, probably one of his most famous, "**Kum Gibi**".

"**Lose Yourself In The Summer**" - It's a mash up of **Eminem's** "**Lose Yourself**" vocals and **Justin Timberlake's** "**Summer Love**" beat. Although I normally prefer music to relax to rather than dance. But no one's going to see, right?

Thinking of it, other great songs I could play out nice and loud would be "**Too Good**" by **Drake ft. Rihanna** or another by **Justin Timberlake**. Yeah, how about "**Can't Stop The Feeling**". That would work.

Film - When it comes to movies, I like historical ones with lots of action like *Gladiator*. But I've seen that loads of times so I'd take the film **300** because the story is true and I like the characters.

Work of Literature - Going to go with a Turkish Book to read under the palm trees, *Gulnihal*, the story of a woman's life, set around 80 years ago. Because I'm interested in history and I find her life fascinating.

Work of Art - I love the architecture of **Mimar Sinan**, the Ottoman architect from the sixteenth century. He was behind the famous Süleymaniye Mosque in Istanbul. I'd take a photo of one of his amazing buildings to remind me of Turkey.

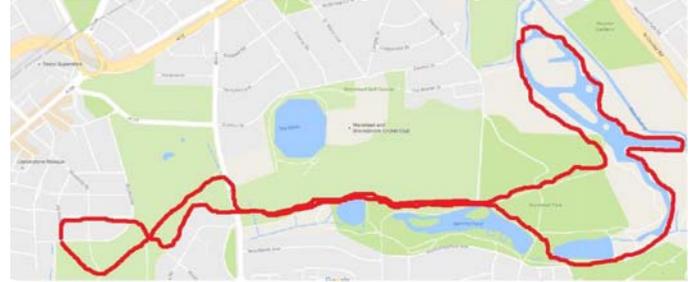
Video - **Ricky Martin's** and *Livin' La Vida Loca* because it's really lively... and the only one I can think of right now!

Plate of Food - Greek salad with plenty of feta cheese or maybe San Marino's signature dish the lamb shank (*Kleftiko*) or, why not, a full Turkish breakfast.

Kem Yaman as told to DJ BARA.

BARAFIT

Want to catch up with the neighbours and exercise at the same time? Join us for a walk in Epping Forest every Wednesday evening (weather permitting) at 6.15pm.



We will depart together as a group, briskly taking in the scenic route through Wanstead Park. The route is around 6 miles (8-9 Km) and takes around 75 minutes. If you don't fancy walking the whole route, join us for part of it!

Meet at the gate by the junction of Bushwood and Stanmore Road. Check the FB page for the latest info.

BAH BAH BARA TRIP

On Saturday 20 August we took a group of children and their parents and carers, to the fabulous (and free) Brooks Farm, Skelton's Lane, Leyton.

The intrepid explorers looked round the farm, fed the animals, petted and, thanks to some very helpful staff and young volunteers, learnt about some weird and wonderful creatures. These included a giant millipede (with 560 legs!), a two week old Rex rabbit called Bun (soft as velvet), an impressive snake, giant cockroaches with multiple brains (scary but true) and a majestic bearded dragon. They also got up close and personal with friendly ducks, cheeky goats, giant bunnies and adorable alpacas. A big bonus was the adventure playground next door to the farm for the kids to let off steam after their animal adventure. So, if you haven't managed to yet, get on down to the farm as soon as you can. It's a fun and informative day out for all the family. For more info: www.brooksfarm.com * SL



WRITE A PIECE FOR THE BT

Don't forget that the BT is **YOUR** newsletter! If you want to publish a short piece of local interest for one of the next issues, please get in touch!

bushwoodra@hotmail.co.uk or talk to a Committee Member (list on back page)

CHOCOLATE LOVERS' TIFFIN

Our resident chef and Deputy Chair, Doug Sheedy, has whipped up another recipe: Chocolate Tiffin, perfect cure to the end of summer blues.

200g of milk chocolate; 100g unsalted butter; 3 tbsp golden syrup; 200g of crushed biscuit (digestives work well); 50g sultanas. For the topping: 200g milk chocolate; 25g unsalted butter; 2 tbsp golden syrup.

Line a 20cm square baking tin with baking parchment. Place 200g chocolate, butter and syrup in a heat-proof bowl set over a pan of simmering water. Once almost melted, remove from the heat, and gently stir until the last few lumps of chocolate have melted. Crush the biscuits and mix with sultanas. Pour chocolate mixture over biscuits and sultanas until everything is covered. Place this mix into the baking tin. For the topping, mix chocolate, butter and syrup as before, and spread over the base. Cover the tin with cling film and refrigerate for two hours, before cutting into squares.



RUMBLE IN THE JUMBLE

"Someone should invent something to do with things you cannot use anymore but you still cannot throw out". Such was the sentiment of Fermina Daza a character from 'Love In The Time Of Cholera' by Gabriel Garcia Marquez. Well, someone did. Martina, in fact, had the brilliant idea of combining jumble sales, car boot sales and yard sales. The result of which is the Jumble Trail.

On Sunday 18 September, for the third year running, BARA will be hosting the annual Bushwood Yard Sale (aka Jumble Trail). For those of you that missed out on previous Yard Sales the idea is that you register online, position your pin on a map, tell people what you will be selling and set up a stall outside your house. Easy peasy - make some home made lemonade too - lemon squeezy.



People have a variety of interpretations on the theme from household goods, bric-à-brac, plants, books, home made items, drinks and home-cooked food. Whatever you've got to sell, the Jumble Trail is a great chance to set up shop on your

street, alongside your friends and neighbours. I'm going to be selling my copy of the aforementioned Garcia Marquez classic amongst other things...

For those less inclined to clear out the cupboards, cellars, man-caves, attics and sheds, you can always just wander the streets picking up bargains and bagging deals along the way. We've seen some great things being sold in the past. So, if you're setting up a stall or taking a stroll, put the date in your diary. This is a really nice way for our community to celebrate what we have and make the most of the last few days of summer. To register a stall visit www.jumbletrail.com/event/LOVE_E11 The fee for registering a stall is £3 of which £2 goes to the Jumble Trail website and £1 goes towards flyers and posters.

Bushwood Yard Sale, Sunday 18 September, 11am-4pm.
Jake Green

SAFER NEIGHBOURHOOD

It's often said, 'you can't find a policeman when you want one'. Well, you can at the regular Safer Neighbourhoods Team meeting. Come along to the next one on 5 September – check the BARA Facebook page and BARA emails for details about the venue.

The Met Police have moved officers across London to ensure the readiness of armed response as featured in the news of late. Dedicated Ward Officers (DWO) will remain in their allocated wards with no change. The Met will, however, start increasing the DWO coverage to two officers per ward. This will take place over the remainder of the year. These changes have already been discussed with the Chief Executive and Leader of the Council as part of the consultation process.

Sergeants will cover two wards (which they mostly do already). Our ward is paired up with Forest.

Under the recent change we do not lose PC numbers. Cluster teams are unaffected, retaining the flexibility to operate where risk and harm are being caused.

The SNT will continue to focus on engagement and visibility. A new crime prevention officer has been recruited to assist with the problem solving work and to support victims of crime.

The changes are designed to streamline the service, increase coverage and flexibility.

Next meeting of the Safer Neighbourhoods Panel is on Monday 5 September, venue to be advised. * *Katy Smith*

HITCHCOCK'S HOME

For the second year running, Hitchcock's Home returned to Leytonstone Festival for three nights. There was a stonker of a line up with 'Rear Window', 'Psycho', and 'The Birds' shown on a giant 25ft x 30ft screen. Each night there was a fantastic display of local art to enjoy and a fine offering of local food and drink stalls, which allowed Hitchcockers to fuel up before the film started.

We ambled down on Saturday night, with camping chairs, into St John's graveyard at sundown, to watch The Birds. We grabbed ourselves a couple of drinks from

Burgess and Hall (rude not to really) before finding a spot to settle down.

This is a brilliant tribute to a Leytonstone lad. I really hope to see this event back next year. Be sure to grab your tickets early as it's a brilliant night out! * *Anna Davies*

WHAT'S COOKIN' SUMMER PICNIC

In the tradition of recent years, the What's Cookin' Summer Picnic at Henry Reynolds Gardens perfectly rounded off this year's Leytonstone Festival. Beautiful sunshine encouraged picnic goers and sun bathers alike.

Food and drink stalls proffered burgers, spicy Thai and curry plus wine, prosecco and beer from local companies. The North Star provided the bar along with a BBQ. This year we had a few craft stalls where you could learn the art of puppet making or make a stylish paper lantern.

Entertainment started with our stalwart festival openers Graham Larkby and The Escape Committee setting the bar high and already having the audience bopping away. The Urban Voodoo Marching Band sadly had to cancel but some rock'n'rollers from Norway stepped in and filled the gap perfectly. The Treetop Flyers gave us music to chill out to, on our blankets, with The Fuzillis upping the beat and playing in the crowd. We had a fabulous set by The Lucky Strikes and a very raucous end to the evening with Jim Jones and his new band. A wonderful day of sunshine, smiles and maximum rock'n'roll.

Festival organiser, Ramblin' Steve said, "this year's What's Cookin' Sunday Picnic was the best and busiest yet with over 2000 happy picnickers! Next year will be our 10th picnic so we're gonna have to do something extra special." What's Cookin' has regular nights at the Ex-Servicemen's Club on Harvey Road. Every Wednesday and every other Saturday. *KD

PLANNING NEWS

Land adjacent to **35 Barfield Road** 4m crown reduction to tree subject to Tree Preservation Order. Refused.

66 Bushwood Demolition of existing rear extension and single storey reconstruction. No decision yet.

61 Michael Road Ground floor rear extension. Approved.

45 Mornington Rd Ground floor rear extension. Approved

12 Bushwood lawful development certificate for a proposed development - loft conversion with side dormer window, balcony at rear roof level and two rooflights at front. Refused.

698a High Road Leytonstone (British Legion Hall) Applications for listed building consent and planning permission. Extensions at lower ground floor, ground floor and first floor level including mansard roof extension to form five self-contained flats. Provision of cycle store and refuse collection area. No decision yet.

69 Browning Road Demolition of existing workshop/garages. Construction of 3xtwo storey houses

with basement (2x4 bed, 1x3 bed) with roof terrace area. Turned down by LBWF, referred to the Secretary of State.

Garages adjacent to **78 Leybourne Road** demolition of garages and construction of two bedroom subterranean house. No decision yet.

676-678 High Road Leytonstone (ShoewWorld) Partial demolition of the existing building and construction of part one, part two-storey rear extension and a three-storey building with retail space (Class use A1/A3, and nine residential units (3x1 bed, 5x2 bed, 1x3 bed). Restoration of the facade and associated landscaping, refuse and cycle parking. No decision yet. The application submitted allows for the building to become a Spar/Eat17 eatery and convenience store. This will be based on the Orford Rd model in Walthamstow. While Eat 17 uses Spar as its main supplier for larger branded items and its own-label budget range, a good proportion of the stock is sourced from small local operators. The historical features of the shop will be uncovered and restored. The development was welcomed as a great addition to the town centre by Leytonstone residents at a recent Community Ward Forum where the developers presented their proposals. * *LH*

ADDITIONS TO LOCAL TRADESMEN LIST

We received the following recommendations from BARA members. The full Local Tradesmen List runs to seven pages so cannot be included in full. If you need a copy email bushwoodra@hotmail.co.uk or contact a Road Representative or Committee Member.

Building maintenance and repairs "Just wanted to highly recommend a builder we recently had who put in a new bathroom for us. Very professional." S. Salisbury & Son Tel: 07746 265601/ 01708 523945.

Bushwood Builders Ltd "Our house desperately needed a thorough going over and we got Robert Giles to do the work. He is a very impressive carpenter and brought everything up to standard. The painting and decorating was taken on by Mark Banks. He is professional, thorough and incredibly tidy. His unfailing cheerfulness and determination to do the best possible job was really refreshing. I couldn't recommend more highly." Bushwood Builders Robert 07853 920598 robert@bushwoodbuilders.com and Mark, 07595 375215 mabb8383@live.com

DC Interiors, carpets, and flooring. "Friendly and efficient service, promptly fitted. A trouble-free experience and the carpets look great". 725 High Road Leytonstone, Tel. 020 8539 2647. 10% DISCOUNT FOR BARA MEMBERS.

Cleaner "I can recommend my good friend Petra who is an experienced cleaner and is looking for more work in Leytonstone." Petya Trencheva Tel: 07904 409242

Parker Dairies "Having completed my first quarter with an "ERNIE" (could a milk cart really be that fast?) delivering fresh pints to my doorstep (Monday to Friday only), I think it really deserves a plug. Deliveries are always on the doorstep before leaving for work and there is also the opportunity for other supplies to be delivered to your home". www.parkerdairies.co.uk Tel: 020 8520 5943.

STEPPING OUT

SINGBURI THAI CAFE

The jewel in E11's culinary crown has now been open for over 15 years. It is impossible for this review to be completely objective as I, like many others, have eaten at Singburi (593 High Road Leytonstone) more than any other restaurant in London. The Cafe looks unassuming from the outside. The proprietors, Thelma and Tony, will welcome customers both old and new with warmth. Starters have some interesting salad options, Thai fish cakes and a classic vegetarian spring roll offering, which are handmade on site.

My favourite is Thai green vegetable curry, which I'm sure is equally as good with chicken, and is amazing when combined with coconut rice. I also recommend the stir fried vegetables with cashew nuts and if you're into fish, the chilli tilapia. Singburi has always been 'bring your own'. It is very family friendly and my children (3, 6 and 9) always enjoy eating egg fried rice, prawn crackers and stir fried vegetables. The best time to visit with kids is when they open at 6pm, as it is usually quiet and the food arrives incredibly quickly. The Cafe is busy enough on a Thursday, Friday and Saturday to make booking in advance essential in order to avoid disappointment. *JG

LE PETIT CORNER

As Leytonstone has been lacking a truly kid-friendly cafe up until now, my 4 ½ year old son and I checked out the recently opened Le Petit Corner, on the corner of Mornington Road and Leytonstone High Road. Cosy and welcoming, with a kids basement area stocked with a range of toys and books, it's an ideal rainy (or any) day destination. Cakes are homemade and include scrummy looking custard tarts as well as a selection of juices, loose teas and great coffee. Open sandwiches and a healthy (but nice) looking breakfast menu are also on offer. With a loyalty card to pick up and claim a free coffee with, what's not to like? *SL

ART GALLERY TO DRAW A CROWD

Whitechapel Gallery, Saturday 29 October, 12-4pm. Families will be offered free entry to the art shows featuring work of South African William Kentridge. Activity trail by artist Monica Rivas Velasquez. Kids create their own shadow puppets and theatre with the E17 Puppet Company. Booking advisable. Find out more at: www.whitechapelgallery.org/learn/families-and-children

WOODHOUSE PLAYERS PRESENT... "UP'N'UNDER"

John Godber's comedy follows the story of an inept pub team from the Wheatsheaf Arms who play in 7 a-side league in the Hull area. Song, laughter, banter and live rugby on stage. Performance Dates:

Fri 2 Sep 8pm; Sat 3 Sep 2.30pm and 8pm
Fri 9 Sep 8pm; Sat 10 Sep 2.30pm and 8pm

Based in Leytonstone since 1983. Perform at the Welsh Church Hall 881 High Road Leytonstone London E11 1HR.

Tickets £8 (£5 concessions) booked; £9/£6 at the door
Online bookings via www.woodhouseplayers.co.uk
020 8504 3872 tickets@woodhouseplayers.co.uk
New members are always welcome for acting, directing, and technical roles.

EVENTS

BARAFIT Every Wednesday 6 mile walk. Meet at 6.15pm at the gate by the junction of Bushwood and Stanmore Rd. Check BARA FB pages for latest info or time changes.

BARA Bushwood Yard Sale, Sunday 18 Sep, 11am-4pm.

BARA AGM 8pm Thursday 22 Sep, St. John's Church Hall.

BARA Parliament Trip Wednesday 12 October

BARA QUIZ & CURRY Saturday 15 October – 7.15pm.

What's Cookin' at the Ex-Servicemen's Club on Harvey Road. Every Wednesday and every other Saturday.

Sunday 4 September Leytonstone Get Together. Free event, 1-6pm Leytonstone Town Centre (Church Lane area) featuring contemporary bands and local home-grown talent, arts and crafts and great food and drink.

3 – 11 September Cultivate food growing festival
www.cultivatewf.org

Luna Lounge this September

Sunday 18, 2pm Jazz with local 10 piece Little Big Band.

Friday 23, 7.30pm Pop/Indie Dale Bennett & the Incidentals **9.30pm** Classic rock covers with Flaming Pie.

Sunday 25, 8pm Japanese Jazz-funk Basement π .

Sunday 9 October Leytonstone Fire Station celebrate 150 years of London Fire Brigade. Family day between 11am and 4pm at Leytonstone Fire Station, 466 High Road. Leytonstone E11 3HN.



BARA ROAD REPRESENTATIVES

- Aylmer Road** Alex Maws, 1 Aylmer Road
- Barclay Road** Doug Sheedy, 11 Barclay Road
- Barfield Road** Jake Green, 5 Barfield Road
- Beacontree Road** Janet Lee, 27 Beacontree Road
- Browning Road** Russell Lines-Jobling, 39 Browning Road
- Bushview** RoseMary Warrington, 88 Mornington Road
- Bushwood** Brian Hopson, 49 Bushwood
- Carlton Road** Alex Maws, 1 Aylmer Road
- Colt's Yard** Jan Osterley, 4 Colt's Yard
- Dacre Road** Alex Maws, 1 Aylmer Road
- Forest View** Liz Maloy-Jollands, 5 Forest View
- Grove Road** Doug Sheedy, 11 Barclay Road
- Hartley Road** Andrew Shields, 9 Hartley Road
- Harvey Road** Katy Smith, 37A Harvey Road
- High Road** Doug Sheedy, 11 Barclay Road
- John Drinkwater** Russell Lines-Jobling, 39 Browning Road
- Leybourne Road** Julia Manning, 53 Leybourne Road
- Leyspring Road** Liz Hayman, 54 Leyspring Road
- Lister Road** Joyce Quarrie, 42 Lister Road
- Michael Road** Sue House, 32 Michael Road
- Mornington Road** RoseMary Warrington, 88 Mornington Road
- St Augustine's Ct** Kate Duffy, 29 St Augustine's Court
- St John's Court** Kate Duffy, 29 St Augustine's Court
- St Mary's Court** Kate Duffy, 29 St Augustine's Court
- Stanmore Road** Kate Duffy, 29 St Augustine's Court
- Woodville Road** Kate Duffy, 29 St Augustine's Court
- Woodbridge House** RoseMary Warrington, 88 Mornington Road

Please note,
you can deliver subs to any convenient Road Rep or
Committee Member (list on back page)

★ FREE MEMBERS' ADVERTS ★

ACUPUNCTURE Professional low-cost treatment to aid recovery in a wide variety of conditions. UK-trained member of British Acupuncture Council. Tony: 07943 672696 (10% discount for BARA members). RECOMMENDED

AROMATHERAPY Bath, shower and massage oils. High quality pre-blended aromatherapy oils. www.littlebottleoflove.com RECOMMENDED

AVON Patricia Roche: 020 8989 9728 (eve).

BABYSITTER Bushwood resident 17 yr old experienced babysitter available weekdays till 10pm and weekends till later £7 per hour. Hannah 020 8923 8335.

BABYSITTER Zosia Poulter, recent university graduate. Fun and creative approach. Experienced, CRB checked, references available. £7 p/h. 07806 702155, zosiapoulter@gmail.com

BABYSITTER AND CHILDMINDER

Lynn Poulter of Harvey Road is a registered child-minder who has vacancies for drop off and collection at George Tomlinson and/or Davies Lane School, also babysitting at £7 per hour. Tel: 020 8558 0651 or lynn.poulter@yahoo.co.uk

BABYSITTING Pippa is a sensible and caring girl with two younger sisters who has already done some babysitting for twin 4 y.o. girls. She is trying to raise funds for a trip abroad with the Scouts. Available on Fri, Sat or Sun evenings and during the day at weekends. £6 per hour. Please contact her mum Kate on 07946 717815. She and Pippa would be very happy to discuss arrangements.

BEAUTY, NUTRITION, HOME Amway products and services. Sandra: 07877 022829, sk.sandra@gmail.com

BIO-ENERGY HEALING Professionally-trained therapist/teacher. Gentle, yet powerful non-invasive therapy suitable for adults, children, elders and animals. Half-price taster treatment. Liz Maloy: 07855 549740 (can call back) or lizmaloy@hotmail.com

CARPET CLEANING Two-bed property £60, three-bed £70. 020 8989 9728 or 07951 987806.

CAT CARRIER for hire. Donation to BARA. Helen: 020 8989 5845.

CHARTERED BUILDING SURVEYORS RICS accredited London Building Surveyors Ltd is a local, independent company specialising in residential building surveys, party wall and dilapidations disputes. Contact us for a free no obligation quote 020 8257 5766 www.londonbuildingsurveyors.com

COMPUTER ADVICE David: davidonem@aol.com 07801 276443.

CRIBBAGE If you are interested in playing Cribbage on an occasional, informal basis, or even learning to play from scratch, contact Jill: 020 8556 6350.

DECORATOR Interior and exterior decorating, free estimates and advice. Michael: 07958 940558.

DOG WALKER AND SITTER Extremely experienced dog owner with extensive knowledge of dog welfare and psychology. Competitive rates can

be negotiated, ad hoc or regular slots available. Jacqueline 07883 081401, jacqlabib@gmail.com

DOG WALKER Responsible, reliable and local. 1-hour walk M-F £25 per week. Julie: 079435 54232.

ENERGY SAVING Free advice and site survey on how to reduce your energy consumption. From the eco-store that saves you more. www.ItDoesTheJob.com

ENVIRONMENTALLY FRIENDLY Wikaniko products for the home, baby and family. Bigger choice than supermarkets. Free delivery on orders over £20 www.bushwood.wikaniko.com bushwood.wikaniko@outlook.com

GAZEBO BARA's dazzling fleet of gazebos can be hired by our members at the rates of £10 for the new pop-up model, £7 for the standard version or £15 if you need both. Other community organisations can hire them for either £10 individually or £15 together. Contact Russell on 07917 697423

GUITAR TUITION Forget air guitar and learn the real thing from a specialist guitar teacher with 100% pass rate. All ages welcome. Jack: 07940 402024 or visit www.EM-Records.com

HAIRDRESSER Toni & Guy-trained, available for home haircuts. Good rates. Giles 07903 312402 or giles_gooden@hotmail.com RECOMMENDED

HOLIDAY HOUSE In Mojacar in Andalucia 45 mins from Almeria Airport. Overlooks the sea, sleeps 5, stylish, comfortable and well managed. 10% discount for BARA members. Liz/Blair: 07855 549740 (can call back) or see www.holidayrentals.co.uk (property #69491).

HOME IMPROVEMENT & MAINTENANCE Chris Gunayon, tiling, painting, decorating, kitchen, bathroom, wardrobe installation, window cleaning, gardening. 07846 071936, drillbit@hotmail.co.uk RECOMMENDED

MASSAGE THERAPY Alleviation of aches, pains, injuries and stress. Specialist therapist and lecturer in holistic, therapeutic, deep-tissue, sports injury, remedial and Indian head massage. Relief from existing problems or simply de-stressing and pampering. Helen 020 8989 3840.

PERSONAL TRAINER for women by a woman! Qualified Level 3 Personal Trainer/Gym Instructor. Individual programmes for personal fitness and weight loss. Emma 07938 235310.

PC SOLUTIONS Having trouble with PC? Has your Wi-Fi gone pear-shaped? Want to share a broadband Internet connection? PC specialist with over 15 years' experience. Roger: 020 8530 5656 or email: roger@gann.com

PLAYGROUP Cheeky Monkeys Baby & Toddler Playgroup every Thurs in term time 10am-12noon, St. John's Church Hall, Leytonstone (nr.Matalan). £2 per family. Friendly & fun with educational toys, art & singing. Tea for adults and healthy snacks for kids. All are welcome.

PRINGLES CRISP TUBES Empty tubes wanted as packaging for small local business. Will collect (even small quantities) Chris Hill 020 8556 0644, email chrisjohn34@hotmail.com

PSYCHOTHERAPY Hypnotherapy and cognitive behavioural therapy. Jeannie: 020 8989 3111. SHIATSU Traditional Japanese massage can help a range of conditions from specific injuries to more general symptoms of poor health. A deeply relaxing experience, regular sessions help to prevent stress build-up. Free consultations. Yumiko: 07980 488569.

SPARE COPPERS? Why not donate any spare change to TOLFA, the UK charity that supports an animal hospital in India. Jo: 020 8530 3569.

STAMPS Used postage stamps wanted for animal charities and Guide Dogs for the Blind. Dawn, 46 Michael Road.

TABLE BARA's 6ft fold-down available for hire charge of £5 for BARA members and £10 for other community organisations. Katy: 020 8556 5162.

NEW TUTOR - INSTRUMENTALISTS AND SINGERS ages 6+, all levels. Improvising, song/lyrics writing, audition prep, GCSE/A-level/exam prep. Jazz & pop genres specialist, DBS (CRB) certified, degree, additional training in music education, long & diverse teaching experience, sliding fee scale (circa £35/hr) www.londonmusic tuition.co.uk Claude Alexander, jazz pianist 020 8530 0710

TUTOR - ENGLISH AND ENGLISH LITERATURE Qualified secondary school teacher offering tuition to years 7-13 (ages 11-19). Special BARA rates from £20ph. can work with all abilities, including those with EAL/SEN/G&T. Email: shereereilly24@gmail.com

TUTOR - FRENCH Local private tutor. Good knowledge of KS1-KS4 MFL curriculum. One-to-one tuition in your home or small groups. Post-grad, 5+ yrs tutoring experience. Ellie Ross 07710 424996, email elliemjross@me.com

TUTOR - MATHS tuition available for KS3 & 4 students. 30 years experience of achieving high GCSE grades. £25 per hour. Email john.byrne0@talk21.com Tel: 07983334189

TUTOR - MUSIC Piano, recorder and clarinet. Beginners to advanced. Email Joanna Brown on jo.clarinet@btopenworld.com

TUTOR - PIANO All levels of piano taught. See www.pianoheads.co.uk for piano sheet music Liudmila: 07919 622293

WOOD BURNING STOVES Like Logs Ltd are based in Bushwood (HETAS registered) and specialise in the bespoke installation of wood burning and multi-fuel stoves. We are dedicated to providing the best possible service and workmanship. info@likelogs.co.uk

YOGA Mindfulness & pregnancy classes at Quaker Meeting Hse, Bush Rd. Tues from 6.15 pm. Post natal & baby classes Thurs 10.45am-12 £10 drop in. For new mothers and their babies (6 wks+). Helen 07956 807675 or helen.georgiyou@mac.com www.helenyoga.co.uk

If you would like to advertise for free in The Bush Telegraph please contact your nearest Committee member.

LOCAL SHOPPING AND SERVICES DISCOUNTS

*Don't forget to take your **BARA Membership Card** with you when you claim your discount!*

1 SECURITY SYSTEMS

Security systems installation, CCTV, intruder alarms, computer and mobile phone repairs. 345 High Road Leytonstone 020 3490 8180 / 07853 711616 www.1securitysystems.co.uk 10% Discount

ADULT LITERACY

Qualified adult literacy tutor 020 8530 3484 10% discount

BANSAL OPTOMETRISTS

775 High Road Leytonstone 10% discount on goods over £50

BAXTER PHYSIOTHERAPY

2 Bushwood 020 8989 2292 or 07778 403237 Initial session £45, subsequent discount-rated sessions at £30. RECOMMENDED

BILLINGFORD GENERAL BUILDERS

Including Corgi plumbers, certified electricians, sash windows 020 8503 0404 10% discount

BIKE SHACK LEYTON

Bike sales and repairs 26 Ruckholt Rd, Tel: 020 8558 1144 www.bikeshackleyton.com 15% discount on parts, accessories and bikes

BLOUNT STAINED GLASS

www.blountstainedglass.co.uk 020 8671 6938 10% discount

BURGESS AND HALL

Wine tastings, events and sales. www.burgessandhall.com 5% discount off wine case prices

CAKES BY TINA

www.cakes-by-tina.webs.com tmallen31@live.co.uk / 07982 253069 10% discount

CIARA WILD MBPSS, FPIT, MSC, BSC

Psychology tutor for A-Level or undergraduate psychology. wildc98@hotmail.com £5 off normal rates

DC INTERIORS

Carpets and wooden flooring, vinyl flooring etc. - supply and fitting. 725 High Road Leytonstone 020 8539 2647 10% discount. RECOMMENDED

ECO -GAS

www.ecogaslondon.co.uk 020 7729 5840 10% discount on boiler servicing

ELSA GOMEZ PROFESSIONAL PHOTOGRAPHER

Specialises in portraits of maternity, newborn babies, children and families info@elsagomez.co.uk / 020 3091 1584 www.elsagomez.co.uk 50% discount on 2-hour session (minimum printing order applies)

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www.holisticreats.blogspot.com 07791 879256 Free phone consultation and 10% discount on any 60min or longer Holistic Treats. RECOMMENDED

EX-SERVICEMEN'S CLUB

Venue and bar 2 Harvey Road, 020 8539 2954 10% discount on joining fee

FUNKY DOGS (GROOMING)

200b Chingford Mount Road 020 8524 1585 Pick up service in E11 each Tuesday. 5% discount

K. RAYNER BUTCHERS

(opposite the tube station) 10% discount on purchases over £20

KAFI DESIR-LORDE

Massage and Beauty Therapist 07858 295 940 lordesbeauty@hotmail.com 20% discount

KENNARD WELLS SOLICITORS

718 High Road, Leytonstone 020 8539 8338 5% discount

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715, High Road Leytonstone 020 8539 1700 10% off food orders only (eat-in or collection)

LOCKSMITH Richard Boynton: 020 8989 8532 or 07963 713506. RECOMMENDED

LA BELLA VITA ITALIAN RESTAURANT

853 High Road Leytonstone 10% discount on food

LAZ FURNITURE - BESPOKE FURNITURE

www.lazfurniture.co.uk 07849 881597 10% discount. RECOMMENDED

LEYTONSTONE OSTEOPATHY

www.Leytonstoneosteopathy.co.uk Unit 6, Forest House, Gainsborough Road 020 8281 0031 15% discount (concessions for senior citizens, unemployed, students) RECOMMENDED

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815 High Road Leytonstone 10% on purchases over £100

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16 Church Lane 10% discount on over £20

NORTH STAR PUB

Browning Road 10% discount on food orders

O42 RESTAURANT

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721 High Road Leytonstone 07776 157606 50% discount on initial consultation

PANDA DIM SUM

767 High Road Leytonstone 020 3652 4781 10% on orders over £10. RECOMMENDED

PETCH SAYAM THAI RESTAURANT

682 High Road Leytonstone 020 8556 6821 10% discount

SAN MARINO CAFÉ

668 High Road Leytonstone 020 8532 8048 20% off bills over £10 (excluding alcohol)

SCHEMA STUDIO ARCHITECT AND INTERIOR

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www.sock-aid.com 10% discount

STAR OF INDIA

875 High Road Leytonstone 020 8989 4028 15% on dining in (except buffet nights and other promotions), 10% on takeaways

SUNFLOWER CAFÉ

777 High Road Leytonstone 10% discount

THOMAS, PAINTER & DECORATOR CONTACT

through Laz Furniture 07849 881957 10% discount RECOMMENDED

TRADING PLACES LTD ESTATE AGENTS, Letting

Agents 020 8558 1147 jennifer@tradingplacesproperty.com 10% off standard sales and letting fees

TREASURE YOUR MEMORIES

transferring of video/ciné to DVD, music tapes to CD, films from video cameras to DVDs, editing, filming, etc. 020 8518 8479 10% off orders over £20 RECOMMENDED

WALNUT TREE PUB

857-861 High Road Leytonstone 020 8539 2526 20% off food orders (excluding promotions)

WOODHOUSE PLAYERS

www.woodhouseplayers.co.uk Free programme and drink

ZAIN CARDS AND GIFTS

48 Church Lane 10% except special offers/sale

ZOË THE GARDENER

07746 862586 zoethegardener@icloud.com 15% discount RECOMMENDED

DISCLAIMER: LOCAL SHOPPING/SERVICES DISCOUNTS: These business details are provided as a free service to the community. Bushwood Area Residents' Association does not accept any legal responsibility for any loss or damage resulting from dealings with the businesses or tradespeople mentioned. It is up to readers to make their own assessment of the skills and trustworthiness of the business or person concerned, before entering into any contract with them. If RECOMMENDED appears next to an advert or discount offer this means that a BARA member has recommended the service provided.

BARA COMMITTEE

Richard Bardwell: 1 Barclay Road (Publicity and BT Editorial)

Anna Davies: 21 Browning Road

Kate Duffy: 29 St Augustines's Court (Social and BARA Website)

Jake Green: 5 Barfield Road

Liz Hayman: 54 Leyspring Road (Membership & Planning)

Janet Lee: 27 Beacontree Road (Neighbourhood Watch)

Selina Levinson: 17 Browning Road

Robbyn Linden: 1 Aylmer Road

Russell Lines-Jobling: 39 Browning Road (Chair, Treasurer & Conservation)

Marion Roper: 35 Michael Road

Marco Ruggeri: 1 Barclay Road (Publicity and BT Editorial)

Doug Sheedy: 11 Barclay Road (Vice-Chair)

Katy Smith: 37A Harvey Road (Social and Safer Neighbourhoods Team Liaison)

RoseMary Warrington: 88 Mornington Road (Environmental Issues)

BARA GROUPS

CYCLING Dwight Wood (dw@itdoesthejob.com)

PHOTOGRAPHY Brian Hopson (bushwooder@gmail.com)

YOGA Helen Georghiou (helen.georghiou@me.com)

THEATRE Hilda Hooper (hildav@hotmail.co.uk)

BOOK Zoë Nelson (zoecnelson@btinternet.com)

PET Jo Pilc (jo.pilc@hotmail.co.uk)

BRIDGE Ros Gray (rosmgray@gmail.com)

FOOTBALL Jake Green (info@jakegreen.co.uk)

If you would like to join one of these groups please contact the organiser as shown above. If you would like to set up a new group, please contact Brian Hopson by email at: bushwooder@gmail.com or drop a note into 49 Bushwood.

BUSHWOOD AREA MAP



For more information, visit: www.bara.london or find our Facebook group: Bushwood Area Residents' Association

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If another agent is already instructed on a Sole Agency agreement, their terms must be considered, to avoid paying two commissions.

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